Originally from China, Miss Cathy started her musical journey when she was 4 years old.

At 13, she passed ABRSM Grade 8 Piano Performance (Associated Board of the Royal Schools of Music). Shortly after that, Miss Cathy and her family migrated to Auckland, New Zealand, where she finished her high school education. Miss Cathy then decided to further pursue her musical education at the University of New South Wales, Sydney, Australia. She graduated with a Bachelor of Music in 2007, then with a Master of Music (Composition) in 2008. She further underwent a degree in Master of Art (Music Therapy) and became a Registered Music Therapist in 2011. Being a mum of two young children, Miss Cathy is passionate about working with children in both the fields of music education and music therapy. She believes that the power of music can accompany children through every stages of their life and help them to reach their full potential.